

# BIOIMPEDANCE ANALYSIS (BIA) Progress Report

Patient Name: \_\_\_\_\_ M/F: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_' \_\_\_\_"

**Initial Test** ①

**Follow-Up Test** ②

**Follow-Up Test** ③

Coding: (+) Improvement/Positive Change (=) Same (-) Negative Change

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Time: \_\_\_\_\_

**Measurement Results**

Phase Angle: \_\_\_\_\_°  
 Body Capacitance: \_\_\_\_\_ pF  
 Resistance: \_\_\_\_\_ ohms  
 Reactance: \_\_\_\_\_ ohms

**Mass Distribution**      Lbs.      %

Body Cell Mass: \_\_\_\_\_  
 Extracellular Mass: \_\_\_\_\_  
 Fat-Free Mass: \_\_\_\_\_  
 Fat Mass: \_\_\_\_\_  
 Total Weight: \_\_\_\_\_  
 ECM/BCM: \_\_\_\_\_  
 Body Mass Index: \_\_\_\_\_  
 Basal Metabolic Rate: \_\_\_\_\_ cal/s

**Water Compartments**      Liters      %

Intracellular Water: \_\_\_\_\_  
 Extracellular Water: \_\_\_\_\_  
 Total Body Water: \_\_\_\_\_  
 TBW/Fat-Free Mass: \_\_\_\_\_  
 TBW/Total Weight: \_\_\_\_\_

**Other Measurements**

Waist Circumference: \_\_\_\_\_ in/cm  
 Hip Circumference: \_\_\_\_\_ in/cm  
 Waist-to-Hip Ratio: \_\_\_\_\_  
 Blood Pressure: \_\_\_\_\_/\_\_\_\_\_

**Comments:**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Time: \_\_\_\_\_

**Measurement Results**      +/-/-

Phase Angle: \_\_\_\_\_°  
 Body Cap.: \_\_\_\_\_ pF  
 Resistance: \_\_\_\_\_ ohms  
 Reactance: \_\_\_\_\_ ohms

**Mass Dist.**      Lbs.      %      +/-/-

BCM: \_\_\_\_\_  
 ECM: \_\_\_\_\_  
 Fat-Free Mass: \_\_\_\_\_  
 Fat Mass: \_\_\_\_\_  
 Tot. Weight: \_\_\_\_\_  
 ECM/BCM: \_\_\_\_\_  
 BMI: \_\_\_\_\_  
 BMR: \_\_\_\_\_ cal/s

**Water**      Liters      %      +/-/-

ICW: \_\_\_\_\_  
 ECW: \_\_\_\_\_  
 TBW: \_\_\_\_\_  
 TBW/FFM: \_\_\_\_\_  
 TBW/TW: \_\_\_\_\_

**Other Measurements**

Waist Circum.: \_\_\_\_\_ in/cm  
 Hip Circum.: \_\_\_\_\_ in/cm  
 Waist-H Ratio: \_\_\_\_\_  
 Blood Pressure: \_\_\_\_\_/\_\_\_\_\_

**Comments:**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Time: \_\_\_\_\_

**Measurement Results**      +/-/-

Phase Angle: \_\_\_\_\_°  
 Body Cap.: \_\_\_\_\_ pF  
 Resistance: \_\_\_\_\_ ohms  
 Reactance: \_\_\_\_\_ ohms

**Mass Dist.**      Lbs.      %      +/-/-

BCM: \_\_\_\_\_  
 ECM: \_\_\_\_\_  
 Fat-Free Mass: \_\_\_\_\_  
 Fat Mass: \_\_\_\_\_  
 Tot. Weight: \_\_\_\_\_  
 ECM/BCM: \_\_\_\_\_  
 BMI: \_\_\_\_\_  
 BMR: \_\_\_\_\_ cal/s

**Water**      Liters      %      +/-/-

ICW: \_\_\_\_\_  
 ECW: \_\_\_\_\_  
 TBW: \_\_\_\_\_  
 TBW/FFM: \_\_\_\_\_  
 TBW/TW: \_\_\_\_\_

**Other Measurements**

Waist Circum.: \_\_\_\_\_ in/cm  
 Hip Circum.: \_\_\_\_\_ in/cm  
 Waist-H Ratio: \_\_\_\_\_  
 Blood Pressure: \_\_\_\_\_/\_\_\_\_\_

**Comments:**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_